



Registration number:

Jaipur Rural Health And Development Trust Annual Report

The Jaipur Rural Health And Development Trust is a registered organization under Rajasthan Public Charitable Act of 1925. It is a non-profit organization working for the welfare of the people of Jaipur. The organization is engaged in various social development activities like SHG formation, health, nutrition, education, vocational training for women, etc. The organization is committed to the welfare of the people of Jaipur and is working towards the development of the community. The organization is also engaged in various social development activities like SHG formation, health, nutrition, education, vocational training for women, etc. The organization is committed to the welfare of the people of Jaipur and is working towards the development of the community.

Year

2007 - 2008

The year 2007-08 was a year of significant achievement for the organization. The organization has been able to achieve its objectives and has been able to provide the services to the people of Jaipur. The organization has been able to achieve its objectives and has been able to provide the services to the people of Jaipur. The organization has been able to achieve its objectives and has been able to provide the services to the people of Jaipur.

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Jaipur Rural Health And Development Trust

Jaipur



Organization profile:

Jaipur Rural Health And Development Trust is a registered organization under Rajasthan Public Charitable Act at no. 9-jp-85 demonstrating between community based organization, international NGO's, and Govt. agencies in the different part of social development issues like: SHG formation, health, sanitation, education, vocational trainings for communities of children, youth and women "at risk". The mission of trust is to reach out to the adolescent youths at risk and to build safer, healthier and productive communities of all the age people capable of supporting self-directed growth, positive citizenship and diseases free environment and the livelihood promotion module which combines formal education, health issues with vocational training, skill development training, preventive promotive and curative medical and health services including MCH, RCH, and family planning services to the underserved or unserved communities of jaipur district of Rajasthan through an experimental mode so as to develop confident individuals of the community.

The trust was initiated in the year of 1983, as an innovative public charitable trust to demonstrate a model to address poverty alleviation through livelihood needs of educated unemployed youth at risk to equitable and promising market oriented vocational training opportunities and also to support the women through formation of SHG's on the part of various income generation opportunities and awareness on health to make this community diseases free and healthy environment.

The trust has successfully implemented several health, family planning, RCH, MCH, and health related projects with the help of many national and international agencies like: Norwegian Embassy, NORAD, NABARD, CAPART, USAID, UNODC, UNDP, National commission for population etc., Govt. of India, Ministry of health and family planning, Ministry of social justice and



Empowerment, Social welfare department, Dept. of science and technology, Mahila Aayog etc.

The trust has rendered outstanding services to the poor and provided possible facilities by imparting people participation method. The trust has embarked to the rural women SHG for their better upliftment by providing social related services.

Core committees:

1. Shri. L.C Gupta - Chairman
2. Shri. Arvind Gotewala - Vice chairman
3. Shri. N.L.Kanōongo - Secretary
4. Shri. Ram Avtar Shah - Treasurer
5. Dr. R.S. Goyal - Member
6. Shri. Dinesh Goyal - Member
7. Dr. Vivek Agarwal - Member

Activities Description:

1. 15 bedded Drug de-addiction hospital:

Jaipur Rural Health and Development Trust is running a 15 bedded de-addiction hospital at Shastri Nagar, Jaipur. This is running with the assistance granted by Ministry of welfare and social justice Govt. of India. This 15 bedded deaddiction hospital was established in 2001. Before that this centre was functioning as counseling centre in field of de-addiction and worked successfully for about 6 years. Looking at the very good performance of de-addiction counseling centre. Govt. of India converted it into a full fledged 15 bedded hospital in 2001. This centre is a pioneer in the field of de-addiction in Jaipur because of its quality services this centre is considered as a reputed name of management of addicted patients. The reputation of this centre can be ascertained



by the fact that in his centre, Patients are not only coming from Jaipur but also from other far off place like Delhi, Ajmer, Alwar, Jhunjhunu, Sikar etc.

This Hospital has a qualified team of Psychiatrist and de-addiction specialist, Nurses, Compounder, Social worker, Counselor, Yoga therapist in the staff. All the personnel are adequately qualified. Competent, experienced and dedicated to handle all kind of patients coming for de-addiction and can handle all complications, arising in these patients. All the necessary equipments and medicines needed for management of patient are available on the Hospital.

This hospital provides outdoor and Indoor services to the Patients suffering from every kind of addiction like alcohol, Bhang, Ganja, Smack, Opium etc. the hospital provide free of cost treatment admission and medicine are provide free.

This centre provide comprehensive management of patients addicted to any substance beside medical treatment. The centre also Provide adequate, Counseling, Psychotherapy, Behavior therapy, family therapy, yoga therapy etc. patient are treated to lead a normal life in family and society. For untrained and jobless patients the centre provide occupational therapy. Training of Gems stone cutting is given free of cost. Many former patients have adopted gems cutting as their fully time. Profession after training from this centre.

The centre has integrated itself with the society. The social worker, counselor and physician of the hospital regularly contact people in community itself. People in community are educated and motivated to identify the patients. the patients so identified are motivated and counseled by our staff - personally one to one in community for de-addiction when they agree they are referred or brought to hospital for indoor/ outdoor treatment as required.

HIV/ AIDS and addiction usually go hand in glove. This centre also successfully completed a HIV counselling project for two year. During this period our staff educated people about HIV/AIDS, how it spreads and all preventive measures required to be taken for it.

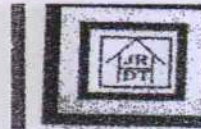


During the year (1st April 2007- 31st March 2008) under review the following activities were specially undertaken to spread the message of drug free life and curbing the drug menace from our society. On days related to drug, HIV, health we organized street shows, puppet show, seminar to spread our messages. We regularly print, publishing and distribute pamphlets, short booklets, banner or matters related to drugs and their treatment. We establish liaisoning with all other people and agencies working in the field of drug de-addiction / social work to provide social, occupational, legal assistance to our patients and their family members.

During the Year (1st April 2007 to 31st March 2008) a total of 78 patients got themselves registered at the center. Out of new patients 8 patients registered for OPD treatment and 70 patients registered for indoor treatment. The average age of new patients registered at the center is 34.8 years. During the year under review 1 female patient also got registered for treatment.

Out of the first time registered 13 patients were opium dependent, 13 patients were heroin dependent, 47 patients were alcohol dependent, 2 patients were cannabis dependent, 2 patients were multiple drugs dependent, 1 patient in volatile solvents dependent.

The total 16 patients take most common method of drug taking in first time registered in case of sniffing. The patients were referred to the center by social worker 48%, Self 13%, Family member 4%, Friends 5%, Ex-clients or their family members 8%. 65 out of 78 patients who got registered for first time in a year were married, 12 patients were unmarried and 1 is widow/ widower. Most of the patients were low educated. 15% were illiterate, 2% were able to read or write, 15% were educated up to primary level, 17% were up to middle level, 22% were higher secondary educated, 5.5% were educated up to graduation, 2% were in post graduation level.



During the year under review 114 patients were treated on indoor / OPD basis. Out of 114 Patients, 19 were admitted for duration of 1-10 days, 11 for 11 to 20 days, 15 for 21 to 30 days and 23 for more then thirty days.

Every effort was made to keep the drop out rate as low as possible. During the year under review 16 patients drop out of treatment. The reasons for drop out were mainly lack of family support 37.5% or inability to cope with the withdrawal 62.5%

Counseling has also been the integral part of treatment at our center. We provided individual and group counseling as well as family counseling. During the period under review as total of 577 counseling session were held. The average duration is 30 minutes. Out of above 77 were individual counseling session, 70 were family counseling sessions and 60 were group-counseling session.

During the year under review 21 patients were referred to other treatment. Out of 78 patients treated on indoor basis there is no news about 18 patients, 20 patients in sober, 23 patients remained relapsed, 16 were dropped and 1 is expired. Every effort is made to locate the patient in society and follow him up. During the year our counselors and social worker undertook a total of 212 home visits out of which a total of 80 ex - patients contacted during these visits. Their patients and their family members were provided counseling and motivation for better services.

Self Help Group Program:

Jaipur rural health & development trust has formed 100 no. of SHG's with the assistance of NABARD in 1999 - 2000. The objective of this program was to make the women who are at risk in the adolescent areas of the district to be empowered. The purpose for this activity was to make the women to be independent in case of financially through various income generation opportunities.



villages of the state is still in the dark side of education paradigm due to lack of awareness, traditional force, poverty, lack of educational facilities. With the eyeing of the problem Jaipur rural health and development trust, a voluntary organization realized that the salvation lay in education masses. The trust constructed a building in the own huge space, which is suitable for the school. The focused activity is child education. Trust laid down the school for the guidance of humanity, eradication of ignorance and illiteracy through the spread of education, brighter future. The school promises to students a better education, brighter future by providing them all the latest research & computer science facilities with nominal charges. The school aims at providing an environment, which is conducive for the overall development of a tiny tot into a balanced and cultured adult. The infrastructure is located on a prime location, which has easy approach routes and pollution free environment. The school is having a well equipped classes, computer lab, conference hall, library, playground to do the activities in discipline manner. The age group of the children is from 5 years to 12 years. To aware the community for education the trust appointed field supervisors who go to the field and talk with the communities regarding the importance of child education in the current scenario. The main objective of this activity is to provide them their fundamental rights. The supervisor covers the community regularly. To get more attention among the children the trust organizes weekend non-curricular activities where all the tiny blossoms take participation and shows their internal talents. The trust also provides a bus for the children to get easy transportation from their respective houses. For the far away community the trust provides residential facilities to the children with all the basic facilities. The emerging service of the trust draws a great attention among the communities.



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Six - bedded OPD Center, Champapura:

In the premises of the champapura campus, the trust has initiated a six-bedded OPD center for the community in case of primary health purposes. This provides services for absolutely free of cost. The OPD center has experienced & qualified doctor, counselor who counsels & treatment the patients. The trust also provides accommodation facilities to the employees for providing services to the communities in case of emergency. In every month the trust organizes a health check up camps at OPD center where 10,000 people gathered from all the local, adjacent communities. In the camp the specialists are being deputed by the trust and provides medicines to the communities for free of cost. The OPD is not only a medical center but also an emergency shelter for the communities. From the last 10 years all total of 90000 patients has been treated.

Rural Health care services through Gram Sahelis in 100 Villages:

Jaipur rural health and development trust is presently providing preventive, promotive and curative (minor ailments) in 100 villages of Jaipur Dist. One (female) Gram Sahelis was selected for 1000 population. Imparted intensive training and they are providing free services to rural poor masses in their own village nearest to their doorstep. They are providing family welfare services (motivation of eligible couples to adopt small family norm) they are distributing Nirodh and Oral pills, motivating for Copper 'T' insertion and sterilization operations. Pregnant mothers are looked after any they are given T.T. injection and Iron Folic Acid Tablets are given for Anemia. Motivates infants and children for complete immunization, death, birth and marriages are registered. Mamta Kits are distribution to be used during delivery. Emphasis is given of safe motherhood activities. They are also giving free Medical advise and Medicines are distributed free of cost to poor needy villagers. They have treated about 60 Lac patients since inception.



Community and School HIV and AIDS drug prevention programme - G-86:

Jaipur Rural Health & Development Trust was selected to carry out community and School based primary prevention activities in Rajasthan. The Duration of the project was from 16th April 2007 to 31st July 2007. UNODC and Ministry of social justice & empowerment, Govt. of India, supported this program. **Jaipur Rural Health & Development Trust** is a partner agency for Community and School Based Primary Prevention Activities who deputed to work in ten different locations, Five in School settings and five in the community settings. Specific work about drug Abuse was to be carried out in schools and community settings. The main objective of the program was to make awareness on HIV / AIDS and it's prevention for the schools and the communities. This programme followed by the cultural activities by the trust in the community and school level to draw the major attention towards HIV and AIDS drug prevention methods. The program also followed lecture methods in selected schools. The program was selected to implement in Dudu block of jaipur district. The target groups in this program were schools and communities. The program has accessed a huge attention in the community on the part of HIV / AIDS.

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